

- National lockdown: Stay at Home
<https://www.gov.uk/guidance/national-lockdown-stay-at-home>
- Guidance for those who provide unpaid care to friends or family:
[Guidance for those who provide unpaid care to friends or family - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/guidance-for-those-who-provide-unpaid-care-to-friends-or-family)
- Guidance for the safe use of multi-purpose community facilities:
<https://www.gov.uk/government/publications/covid-19-guidance-for-the-safe-use-of-multi-purpose-community-facilities>
- Guidance on shielding and protecting people who are clinically extremely vulnerable from COVID-19
<https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19>
- Lancaster City Council – Help for Individuals webpage:
<https://www.lancaster.gov.uk/sites/coronavirus-information/help-for-individuals>
- Emergency Assistance Grant Scheme:
<http://www.lancaster.gov.uk/sites/coronavirus-information/emergency-assistance-grant-scheme>
- COVID19 vaccination update: [Healthier Lancs and South Cumbria : Covid-19 vaccination update \(healthierlsc.co.uk\)](https://www.healthierlancashireandcumbria.co.uk/covid-19-vaccination-update)

For people that wanted to make contact with Fiona Inston's Team with specific questions and scenarios, the email address is: environmentalhealth@lancaster.gov.uk

As always, should you have any further questions please do not hesitate to get in touch with the Community Connectors at communityconnectors@lancaster.gov.uk